

On
COUNCIL OF AGING

BOARD OF DIRECTORS MEETING MINUTES 10/21/2015

IN ATTENDANCE: COA Director Lynne Stanton, Dot DiChiara, Ron Mertens, Carl Much, Laurel Puchalski, Frank Sadowski

Guest: Anita Wright (consultant)

CALL TO ORDER Meeting called to order at 9:30 a.m.

MINUTES

Motion was made by F. Sadowski, seconded by D. DiChiara, and it was voted to accept the Minutes from the September 16, 2015 meeting, L. Puchalski abstained.

TREASURER'S REPORT

Motion was made by C. Much, seconded by F. Sadowski, and it was voted unanimously to accept the Treasurer's report. Question regarding expenditure from Donation account will be researched and reported at next meeting.

F. Sadowski exited meeting.

DIRECTOR'S REPORT

Director L. Stanton gave her Director's report. (*see attached)

Director exited meeting

NEW BUSINESS

- R. Mertens has contacted and invited the members of the Board of Selectmen, Building Inspector Sam Joslin, Municipal Light Department Manager Michael Cloutier, Municipal Light Department Commissioner Kermit Cross, and members of the COA Board to participate in a tour of the Municipal Light Department on October 29 at 9:00 a.m.
- Discussion regarding future cooperative effort with Rite Aid Pharmacy to include more inoculations during the Board of Health Flu shot clinics for seniors.

NEXT MEETING: November 18, 2015, 9:30 a.m., Public Safety Building

Adjourned: 10:55 a.m.

RESPECTFULLY SUBMITTED BY Laurel Puchalski

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Groveland Council On Aging
Director's Report
October 21, 2015

Old Business

☞ **Tour of Light Department** Chairman, Ron Mertens, scheduled board tour for October 29.

New Business

☞ **Elders** No serious issues at this time.

☞ **Staff** Katherine Shaw, our new Outreach Worker, has fit right in to the department with nary a blip. She facilitated her first Caregivers' Support group and has been well received by our elders.

☞ **FY16 Budget** On track.

☞ **Groveland Cultural Council Grant** Grant submitted. We will be having Davis Bates for our May 12th (save the date) Senior Day Celebration—"Celebrating New England: Songs and Stories for Everyone." He specializes in music and folklore / storytelling w/ seniors. We're planning an intergenerational event.

☞ **Performance of "Two to Tango"** was very well attended. ~25 folks.

☞ **Annual MCOA Conference** I attended on October 7. Great workshops that day: 1. Melrose Alert Program (a recovery plan for residents with autism, dementia, Alzheimer's (16.5 will have it by 2050). By registering / photographing – helps find residents quickly. 45% of those under 9 and 46% of those over 65 die w/in 24 hrs. 2. One Care, Medicare + MassHealth program. 3. "The Integral Role that COA's Play in Elder Abuse Prevention. 4. Getting What You Ask for: A Perspective from a Town Mgr. and a Fin Comm. Member.

☞ **Medicare Open Enrollment** Training in Lawrence on October 13 was good. Still no Med A & B deductible info or Med B premium update for 2016. Also Supplement 1 plans have not confirmed premiums yet either. I'll be doing a SHINE/Medicare 2016 program on Oct. 20. 25 signed up. Have already conducted 11 SHINE appointments already this month. Much interest in Medicare D plan selection.

☞ **Old COA Van** Two checks were received (\$1,000 and \$500) from a man in Maryland on Monday, October 19. He's requested weekend pickup. I said "no problem," as we'll be happy to say goodbye to the van.

☞ **MVRTA Van** MVRTA replaced one tire. It was bald with steel belts showing. No charge. Bringing van in to Coady's in Lawrence on Tues., Nov. 3 for annual inspection and additional inspection to troubleshoot for future problems (per suggestion of CIC).

☞ **Capital Improvement Committee** I met with the committee on Tuesday, October 13 at 7:45pm. As we are able to continue to lease the MVRTA van, there's no current need for the town to purchase a van at this time. The committee scheduled us "out" two (2) years for the purchase of a new van.

Coming Events

✓ 2 Holidays in November— therefore limited programs /events / trips.

✓ *Men's Breakfast* Tues., November 10 at 8:30 w/ Gus Reusch—"Salisbury Beach Memories"

✓ *Reiki Demos* Free Reiki demos on Friday mornings on Nov. 6 (9:30), Nov. 13 (9:30) and Nov. 20 (9:30).

✓ *Holiday Party* Thurs., December 10 w/ Pentucket HS Jazz Band + Mini-Chorus

Next COA Board Meeting:
Date: November 18 Time: 9:30am
Conference Room—Public Safety Building

Council on Aging Treasurer's Monthly Summary for FY2016
 October 2015

ITEM	BUDGET	2015						2016						Year to Date Balances	% Left
		JULY	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE		
PAYROLL															
Director	\$51,520.00	\$3,342.88	\$3,932.80	\$3,932.80	\$1,966.40									\$42,277.92	82.1%
Office Staff	\$32,746.00	\$2,124.66	\$2,499.60	\$2,499.60	\$1,249.80									\$26,871.94	82.1%
Outreach	\$8,108.00	\$572.39	\$0.00	\$0.00	\$278.46									\$7,814.07	96.4%
Van Drivers	\$18,551.00	\$1,150.05	\$1,415.45	\$1,415.44	\$707.72									\$15,277.78	82.4%
Payroll Subtotal	\$110,925.00	\$7,189.98	\$7,847.85	\$7,847.84	\$4,202.38	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$92,241.71	83.2%
EXPENSES															
Bills Payable	\$6,600.00	\$582.42	\$1,381.75	\$400.16	\$183.43									\$4,052.24	61.4%
Budget Month	\$117,525.00	\$7,772.40	\$9,229.60	\$8,248.00	\$4,018.95	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$96,293.95	81.9%
FORMULA GRANT	\$12,204.00													\$12,204.00	
Mail Deposit		\$1,253.15	\$1,000.00											\$2,253.15	Formula Grant Balance =
Postage Cost		\$419.45	\$626.88	\$414.67										\$1,461.00	
Mail Balance		\$833.70	\$1,206.82	\$792.15	\$792.15	\$792.15	\$792.15	\$792.15	\$792.15	\$792.15	\$792.15	\$792.15	\$792.15	\$792.15	
Mail Withdrawal			\$1,000.00											\$1,000.00	
Printing		\$211.00	\$511.00											\$722.00	\$2,031.40
Outreach		\$309.40												\$309.40	\$10,172.60
Other Expenses														\$0.00	
Grant Month		\$520.40	\$1,000.00	\$511.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$2,031.40	83.4%
DONATION ACCOUNT														Year to Date Balances	
Beginning Balance	\$3,022.03													\$3,022.03	
Taken In		\$370.00	\$250.00	\$680.99										\$1,300.99	
Expended		\$125.00	\$291.65	\$1,753.47	\$211.71	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$2,381.83	
Balance	\$3,022.03	\$3,267.03	\$3,225.38	\$2,152.90	\$1,941.19	\$1,941.19	\$1,941.19	\$1,941.19	\$1,941.19	\$1,941.19	\$1,941.19	\$1,941.19	\$1,941.19	\$1,941.19	

COA Space Needs

Request

1. The COA is seeking an interim solution to our need for additional space by utilizing / reconfiguring existing offices w/in Town Hall (or adjacent to it).
2. We are also re-opening discussion of the need to construct a separate facility / senior center (Court St. Architects' renderings attached).

Groveland Demographics (60+) 1946-1964 Baby Boomers

2000

Federal Census 619

2010

Federal Census 1,356

2020

(EOEA Projected) 1,500

2015 - Current

(Town Clerk data:

Registered Voters) ~ 4,600

Voters 60+ 1,680 (36.5% of registered voters)

Background

May 1973 "Elderly Affairs Committee" created

1977-1978 Town Complex Built

1980s COA had use of current Board of Health office
COA offices/ Meal Site at St. James Episcopal Church.

1998 Move from Town Hall to Veasey Park

2003 Move back to Town Hall (facility stipend increased from \$150/mo to \$500/mo) - use of 2 smallest offices - Meal Site held at Fire Station

2008 Town Meeting approves \$5,000 for architectural plans for new
"Senior Life Center" on town owned land adjacent to River Pines
Housing – Drawings completed

2013 Meal Site closed

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Current Needs – COA Focus (apart from Transportation)

1. Physical Activity / Wellness - Exercise Space
2. Community Outreach - Need for privacy
3. Leisure & Rec. - Increase in Programs/Events
4. Nutrition – Need for meal site + increased use of pantry (USPS Food Drive – overwhelmed space)
5. Health Insurance and Benefits – SHINE counselor

By 2020, people 55 and older will represent nearly 29% of the total United States population – an increase of 5% from 2010 – according to the Bureau of Labor Statistics (BLS). “The aging of the baby-boom generation has shifted the composition of the population toward older age groups, and this trend is likely to continue for the foreseeable future,” according to a BLS January, 2012 report. As the population increases, fueled by the numbers of baby boomers, older adults will be a more visible and vocal social force.

Over the next 15 years, 10,000 people will turn 65 every day.

